

## ABSTRACT OF THE DISCLOSURE

A toner is used in an image forming process employing a toner recycling system and contains at least a modified polyester resin, a coloring agent, and a releasing agent. The toner has a volume-average particle diameter  $D_v$ , a number-average particle diameter  $D_n$  and a shape factor SF-1, wherein  $D_v$  is in a range from 4.0  $\mu\text{m}$  to 6.0  $\mu\text{m}$ , the ratio  $D_v/D_n$  of  $D_v$  to  $D_n$  is in a range from 1.00 to 1.30, and the shape factor SF-1 is in a range from 140 to 200.